



# BABA MASTNATH UNIVERSITY

Asthal Bohar, Rohtak, NH-10, NCR Haryana-124021(India)  
Established under Haryana Private Universities Act, 2006  
Recognized by the UGC vide Letter No: F.8-14/2012 (CPP-1/PU) Dated 05-01-2016

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Faculty of Physiotherapy

## Event Report

**Title:** *De-Addiction Awareness Program and Pledge Ceremony*

**Date:** *18th September 2025*

**Venue:** *Mini Auditorium, Baba Mastnath University, Asthal Bohar, Rohtak*

**Organized by:** *Faculty of Physiotherapy, Baba Mastnath University*

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### *Introduction*

The Faculty of Physiotherapy, Baba Mastnath University, organized a “*De-Addiction Awareness Program and Pledge Ceremony*” on 18th September 2025 at the Mini Auditorium of the University. The event aimed to spread awareness among students and faculty members about the harmful effects of addiction and to promote a healthy and drug-free lifestyle.

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### *Guest Speakers*

The esteemed guest speakers for the program were **Rajyogi Brahmakumari Pandiamani Bhai Ji** and **Rajyogi Brahmakumari Uma Didi Ji** from the *Brahma Kumaris Organization*. Their presence added great value to the event through their inspiring thoughts and spiritual insights on leading an addiction-free life.

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### *Program Proceedings*

The event commenced with a welcome address and floral greetings to the guest speakers, followed by a brief introduction to the objectives of the awareness program. Rajyogi Brahmakumari Pandiamani Bhai Ji delivered an enlightening talk on the psychological and social impacts of addiction, emphasizing the importance of mental strength, positive thinking, and spiritual practices for self-control and inner peace. Rajyogi Brahmakumari Uma Didi Ji guided the audience through a meditation session and encouraged everyone to adopt a disciplined and balanced lifestyle to stay away from addictive habits.

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## *Pledge Ceremony*

Following the awareness session, a *De-Addiction Pledge Ceremony* was conducted, where all participants took an oath to maintain a healthy, addiction-free life and to motivate others to do the same. The pledge reflected the commitment of students and faculty towards building a healthier and more responsible society.

## *Conclusion*

The Co-ordinator of the program Dr. Sonia Saroha, Dy. Dean, Faculty of Physiotherapy give a vote of thanks to the guest speakers and all participants. The event was highly informative and motivational, leaving a deep impact on everyone present. The Faculty of Physiotherapy expressed gratitude to the University administration and the Brahma Kumaris organization for their support and participation in making this event a great success.

  
Convener

  
Dy. Dean